



CITY OF SIOUX CITY

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For Immediate Release
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National Parks and Recreation Month

July was declared the official Parks and Recreation month back in 1985. It is a great time to participate in outdoor activities, enjoy a local park or play ground, or stop by one of the five swimming pools that Sioux City has to offer.

To celebrate Parks and Recreation month, Sioux City Parks and Recreation is hosing several free events. On Wednesday, July 21st, stop on down to the Long Lines Family Recreation Center for a free day! From 10AM- 8PM the gym and climbing wall will be open at no cost.

On Friday, July 16th Leif Erikson is hosting a Fantastic Friday event and this one is free. The Fantastic Friday is 6:00-8:00pm and includes swimming, games, and prizes for all ages. The Fantastic Friday theme on July 16th will be Pirates.

Join us on Saturdays at the Grandview bandshell for free movies in the park. Movies start around 9:00 PM. The July schedule is as follows

July 10 *Cloudy with a Chance of Meatballs*

July 17 *Goonies*

July 24 *Band Slam*

July 31 *Planet 51.*

Join us on Sunday evenings at the Grandview Bandshell for the Municipal Band Concerts. Concerts begin at 7:30PM and will go through August 1st.